

2024/2025 EPIC CLASS SCHEDULE

	Monday		Tuesday		Wednesday		Thursday								
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2							
4:30															
4:45	4:45-5:30 BALLET AGES 8-10 GREEN (Beth)	4:30-5:30 COMBO MINI MOVER BLUE Tap/Jazz (3+ years exp) (Ellen)	4:45-5:30 JAZZ AGES 8-10 LEVEL 1 GREEN (Maddie)	4:30-5:30 COMBO AGES 2-3 (Ellen)	5:00-5:45 TAP 12+ *COMP* LEVEL 3 PINK (Lauren)	4:45-5:45 TAP AGES 10-12 LEVEL 2 YELLOW (Ellen)	4:30-5:30 BALLET Ages10-12 LEVEL 2 YELLOW (Beth)	4:30-5:15 MINI MOVER HIP HOP AGES 4-6 BLUE (Ellen)							
5:00									5:30-6:15 MINI MOVER BALLET AGES 4-6 BLUE (Beth)	5:30-6:15 TAP AGES 8-10 LEVEL 1 GREEN (Ellen)	5:30-6:30 CONTEMPORARY AGES10-12 LEVEL 2 YELLOW (Kyra)	5:30-6:15 HIP HOP AGES 8-10 LEVEL 1 GREEN (Ellen)	5:45-6:45 ACRO *COMP* AGES 10+ LEVEL 2-3 (Lauren)	5:45-6:45 COMBO Tap/Jazz AGES4-7 (2 years or less exp) (Ellen)	5:30-6:30 BALLET AGES 12+ LEVEL 3 PINK (Beth)
5:15								6:15							
5:30	6:45	7:00	7:15-8:00 BARRE CLASS	7:15-8:00 TECHNIQUE (Ellen)	6:45	6:45-7:30 MUSICAL THEATER SR. AGES 13+ (Lauren)	6:45-7:30 HIP HOP AGES 10-12 LEVEL 2 YELLOW (Kaylee)								
5:45	7:15	7:30			7:30	7:30-8:30 CONTEMPORARY AGES 12+ LEVEL 3 PINK (Lauren)	7:30-8:30 HIP HOP AGES 12+ LEVEL 3 PINK (Kaylee)	7:30-8:15 ADULT FITNESS (Ellen)							
6:00															
6:15															
6:30															
6:45															
7:00															
7:15															
7:30															
7:45															
8:00															
8:15															

CLASSES AND TIMES ARE SUBJECT TO CHANGE DUE TO ENROLLMENT

Ages are approximate depending on ability

Blue- Mini Movers Program	AGES 4-7	Yellow Level 2	AGES 10-12
Green Level 1	AGES 8-10	Pink Level 3	AGES 12+